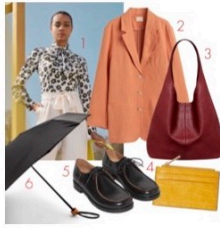


## Give your workwear an autumn refresh

A new season calls for a wardrobe rethink, with cosy knits, smart suits and waterproof coats an absolute must for the working week. So, if your workwear is in need of an autumn overhaul, our stores are here to help.

Plus, read on for home styling tips, beauty fixes and after-work inspiration!

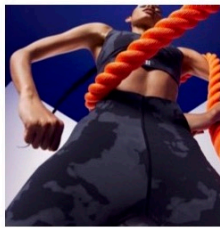
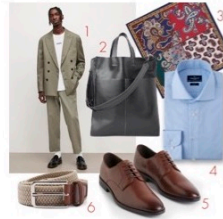


### Workwear for her...

1. Blouse, £45, [Hawes & Curtis](#)
2. Linen-blend Jacket, £99, [H&M](#)
3. Lula leather bag, £109, [Hobbs](#)
4. Card holder, £8, [Accessorize](#)
5. Leather brogues, £135, [Cos](#)
6. Folding umbrella, £15.99, [Zara](#)

### Workwear for him...

1. Linen blend blazer, £259, [AllSaints](#)
2. Leather tote bag £180, [Cos](#)
3. Handkerchief, £29, [Hawes & Curtis](#)
4. Cotton poplin shirt, £100, [Hackett](#)
5. Derby shoes, £29, [H&M](#)
6. Woven belt, £79, [BOSS](#)

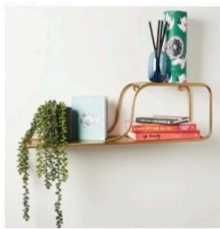
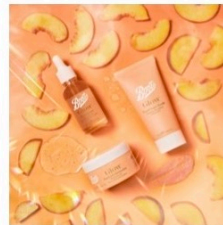


### Start the day right

There's nothing quite like a morning workout to get those endorphins going! Whether you like to kickstart the working day with a yoga session, a jog in the park or a spot of resistance training, make sure you do it in style with some new gym gear from [Sweaty Betty](#). Then, why not reward yourself for all of that good work with a tasty breakfast at [Bread Street Kitchen](#)?

### Get glowing

No matter how long (or early) the commute, make sure you're looking peachy keen at your desk by treating your skin to the new Glow Peach collection at Boots. Containing peach extract to help support the skin's natural moisture barrier, use the scrub, serum and moisturiser every day for a fresh and healthy looking glow that says 'ready for anything'.



### Boss it at WFH

Did you know that just over a third of Brits now enjoy the flexibility of hybrid working or working from home? If you're one of them, perhaps it's time to rework your spare room, alcove or office for ultimate productivity. Start with a declutter, a supportive chair and decent lighting, then, for a touch of zen, add a few houseplants, an atomiser, beautiful stationery... whatever it takes to make it "yours".

**We love:** [Luciana glass shelf, £55, Oliver Bonas](#)

### The night is young

While you're spending 9-5 in the heart of the City, you may as well make the most of it with some afterwork dining or maybe a tipple or two with your colleagues. Luckily, right here at One New Change you're spoilt for choice! From a quick pizza at [Zizzi](#), to rooftop drinks at [Madison](#) and theatrical cocktails at [The Ivy Asia](#), if you're looking to unwind after a busy day we have just what you need.

